



MEET

# OLIVER ORANGE

Oliver is filled with vitamin C which helps the growth of your teeth, gums and skin. He can also be made into a refreshing orange sorbet.

## Orange Sorbet

### Ingredients

- 3 whole oranges, peeled
- 10 tbsp greek yoghurt, frozen

### Steps

1. Cut oranges into chunk and freeze them overnight
2. In a blender, add frozen orange and yoghurt
3. Blend until well combined and smooth - add cold water when necessary to assist with the blending
4. Serve and enjoy as a refreshing dessert!



**KIDS  
SAFE**



Watch **step-by-step**  
video demonstration



Nutrition Facts  
Supported by



Recipe  
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