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MEET

LEMON

Loretta is filled with vitamin C that gives you healthy organs. She can also be made into yummy lemon candy drops.

Lemon Honey Candy Drops

Ingredients

- 11/2 cup honey
- 1/2 cup lemon juice, freshly squeezed
- 2 tbsp sugar

Steps

- 1. In a pot over medium heat, mix together lemon juice and sugar
- 2. When the mixture starts to boil, reduce heat and stir in honey gradually
- 3. Caramelise mixture, stirring continuously until it has reached the hard crack (146°C-155°C/ 295°F-310°F) stage on a candy thermometer
- 4. Spoon mixture into silicon mould and allow the candy to harden completely before un-moudling
- 5. Enjoy the candy drops

Recipe Developed by



Ms. Ong Ke Min Kids Nutritionist,

Watch step-by-step video demonstration

